

**HOMEDICS®**

## **5 Motor Back Massager**



**Instruction Manual**

---

BKP-100-2GB

**2** year  
guarantee

READ ALL INSTRUCTIONS BEFORE USE.  
SAVE THESE INSTRUCTIONS FOR FUTURE REFERENCE.

## IMPORTANT SAFEGUARDS :

---

WHEN USING ELECTRICAL PRODUCTS, ESPECIALLY WHEN CHILDREN ARE PRESENT, BASIC SAFETY PRECAUTIONS SHOULD ALWAYS BE FOLLOWED, INCLUDING THE FOLLOWING:

- ALWAYS unplug the appliance from the electrical outlet immediately after using and before cleaning. To disconnect, turn all controls to the 'OFF' position, then remove plug from outlet.
- NEVER leave an appliance unattended when plugged in. Unplug from the mains outlet when not in use and before putting on or taking off parts or attachments. This appliance is not intended for use by persons (including children) with reduced physical, sensory or mental capabilities, or lack of experience and knowledge, unless they have been given supervision or instruction concerning use of the appliance by a person responsible for their safety. Children should be supervised to ensure that they do not play with the appliance.
- DO NOT reach for an appliance that has fallen in water or other liquids. Switch off at the mains and unplug it immediately. Keep dry – DO NOT operate in wet or moist conditions.
- NEVER insert pins or other metallic fasteners into the appliance.
- Use this appliance for the intended use as described in this booklet. DO NOT use attachments not recommended by HoMedics.
- NEVER operate the appliance if it has a damaged cord or plug, if it is not working properly, if it has been dropped or damaged, or dropped into water. Return it to the HoMedics Service Centre for examination and repair.
- Keep cord away from heated surfaces.
- Excessive use could lead to the product's excessive heating and shorter life. Should this occur, discontinue use and allow the unit to cool before operating.
- NEVER drop or insert any object into any opening.
- DO NOT operate where aerosol (spray) products are being used or where oxygen is being administered.
- DO NOT operate under a blanket or pillow. Excessive heating can occur and cause fire, electrocution or injury to persons.
- DO NOT carry this appliance by the cord or use cord as a handle.
- DO NOT use outdoors.
- DO NOT crush. Avoid sharp folds.
- This product requires a 220-240 V AC power.
- DO NOT attempt to repair the appliance. There are no user serviceable parts. For service, send to a HoMedics Service Centre. All servicing of this appliance must be performed by authorised HoMedics service personnel only.
- DO NOT sit or stand on the massage (back) part of the appliance. The unit should only be used when attached to a chair with the back in the vertical position.
- Never block the air openings of the appliance or place it on a soft surface, such as a bed or couch. Keep air openings free of lint, hair etc.
- Do not place or store appliance where it can fall or be pulled into a bath or sink. Do not place in or drop into water or other liquid.
- Failure to follow the above may result in the risk of fire or injury.
- Burns can result from improper use.
- When the unit is working, do not touch the moving massage mechanism with any body part except your back.

# SAFETY CAUTIONS :

---

## PLEASE READ THIS SECTION CAREFULLY BEFORE USING THE APPLIANCE.

- If you have any concerns regarding your health, consult a doctor before using this appliance.
- Individuals with pacemakers and pregnant women should consult a doctor before using this appliance. Not recommended for use by Diabetics
- DO NOT use on an infant, invalid or on a sleeping or unconscious person. DO NOT use on insensitive skin or on a person with poor blood circulation.
- This appliance should NEVER be used by any individual suffering from any physical ailment that would limit the user's capacity to operate the controls or who has sensory deficiencies in the lower half of their body.
- NEVER use directly on swollen or inflamed areas or skin eruptions.
- If you feel any discomfort whilst using this appliance, discontinue use and consult your doctor.
- This is a non-professional appliance, designed for personal use and intended to provide a soothing massage to worn muscles. DO NOT use as a substitute for medical attention.
- DO NOT use before going to bed. The massage has a stimulating effect and can delay sleep.
- Do not use for longer than the recommended time.
- Not recommended for use on wooden surfaces as the zipper may damage the wood. Caution is also recommended when using on upholstered furniture.
- Care should be taken when using heated surfaces. If the product feels excessively hot, switch off at mains and contact the HoMedics Service Centre.
- Only gentle force should be exerted against the seat in order to eliminate risk of injury.
- You may soften massage force by placing a towel between yourself and the unit.
- Not recommended for use on leather furniture.
- The appliance has a heated surface. Persons insensitive to heat must be careful when using the appliance.
- Please ensure that all hair, clothing and jewellery are kept clear of the massage mechanism or any other moving parts of the product at all times.

### **Please Note:**

For your safety, this product is equipped with a pressure activated switch to control the heat function. Heat will not operate unless pressure is applied to this switch, located on the back cushion of the unit (see page 5). Once pressure is removed, heat will turn off. After applying pressure, please allow 5-10 minutes for heat to reach maximum temperature.

### **WEEE explanation**



This marking indicates that this product should not be disposed with other household wastes throughout the EU. To prevent possible harm to the environment or human health from uncontrolled waste disposal, recycle it responsibly to promote the sustainable reuse of material resources. To return your used device, please use the return and collection systems or contact the retailer where the product was purchased. They can take this product for environmental safe recycling.

# PRODUCT FEATURES :

## Targeted Massage buttons

Zone buttons activate motors to massage specific areas: upper back, lower back and seat. Customise your massage by choosing one specific area, any combination of areas, or all three at once. To select a massage area, simply slide the button to the right and the corresponding LED light will illuminate. To deselect, simply slide the button to the far left and the corresponding LED light will turn off.

## On/Off

Before connecting power source, be sure the controls are in the far left position. Select L or H to activate the massage and select a zone to begin the massage function. To choose the intensity of your massage, adjust the strength from L to H. To turn the power off, slide the switch to the far left position, the LED light will turn off.

## Heat

Soothing, penetrating heat is activated by pressing this button. To turn off heat, simply press the button again. The glowing LED light indicates that heat is on. **PLEASE NOTE: The heat option will only work while a massage feature is selected.**

## Power Adaptors

This massager is powered by a custom 220-240 volt AC home adaptor, and 12 volt DC auto adaptor (cigarette lighter plug-in style). Both are included with your unit.

**NOTE: When selecting the heat feature with massaging action, there will be a slight decrease in the strength of the massage output. This adjustment is perfectly normal and should not be interpreted as a defect.**

**NOTE: There is a 15-minute auto shut off on the unit for your safety.**



## INSTRUCTIONS FOR USE :

---

### **For Use in Home or Office**

Plug adapter into a 220-240 volt electrical outlet and plug the receptacle end into the input jack, located along the side of the cushion. Attach the massage cushion to any chair for a luxurious massage as you read, rest or even work.

### **For Use in Your Car**

Simply plug the 12 volt auto adapter into a cigarette outlet and plug the receptacle end into the input jack, located along the side of the cushion. Slip the massage cushion straps over your seat to enjoy a relaxing massage as you drive.

### **Strapping System**

This back massager incorporates a unique strapping system which allows you to fasten it to most any chair or auto seat. Set the cushion in your seat and adhere the elastic straps firmly around the seat back. Your massager won't slip or slide around.

## MAINTENANCE :

---

### **To Store**

Place massager in its box or in a safe, dry, cool place. Avoid contact with sharp edges or pointed objects which might cut or puncture the fabric surface. To avoid breakage, do not wrap the power cord around the unit. Do not hang the unit by the controller cord.

### **To Clean**

Unplug the unit and allow it to cool before cleaning. Clean only with a soft, slightly damp sponge. Never allow water or any other liquids to come into contact with the unit.

- Do not immerse in any liquid to clean.
- Never use abrasive cleaners, brushes, gasoline, kerosene, glass/furniture polish, paint thinner to clean.
- Do not attempt to repair the massager. There are no user serviceable parts. For service, send the unit to the HoMedics address listed in the warranty section.

## **TWO YEAR GUARANTEE**

HoMedics Inc. guarantees this product from defect in material and workmanship for a period of 2 years from the date of purchase, except as noted below.

This HoMedics product guarantee does not cover damage caused by misuse or abuse; accident; the attachment of any unauthorised accessory; alteration to the product; or any other conditions whatsoever that are beyond the control of HoMedics. This guarantee is effective only if the product is purchased and operated in the UK / EU. A product that requires modification or adaptation to enable it to operate in any country other than the country for which it was designed, manufactured, approved and / or authorised, or repair of products damaged by these modifications is not covered under this guarantee. HoMedics shall not be responsible for any type of incidental, consequential or special damages.

To obtain guarantee service on your product, return the product post-paid to your local service centre along with your dated sales receipt (as proof of purchase). Please refer to 'HoMedics Service Centre' information leaflet for details of your local service centre. Upon receipt, HoMedics will repair or replace, as appropriate, your product and return it to you, post-paid. Guarantee is solely through HoMedics Service Centre. Service of this product by anyone other than the HoMedics Service Centre voids the guarantee.

This guarantee does not affect your statutory rights.

### **HoMedics Service Centre**

HoMedics Group Ltd,  
PO Box 460,  
Tonbridge,  
Kent TN9 9EW,  
UK

T +44 (0) 1732 378 557

F +44 (0) 131 202 0697

e [support@homedics.co.uk](mailto:support@homedics.co.uk)

[www.homedics.co.uk](http://www.homedics.co.uk)

