ELLE MACPHERSON THE BODY



Professional Manicure & Pedicure Kit

2 Year Guarantee

Instruction Manual

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ELM-MAN200-GB



Thank you for purchasing this Professional Manicure & Pedicure Kit part of my 'The Body' range that I have developed so that you can maximise your beauty potential. Intuitive and accessible, my range of products can help you to discover some of my beauty secrets.

Nails are an important part of any beauty and fashion regime and using the right tools is key to ensuring my nails are always in great condition. My Professional Manicure & Pedicure Kit has 7 essential tools to do this and even comes in a luxury storage case for all your other manicure essentials. It is also rechargeable so is long lasting for maximum treatment time.

Enjoy the benefits of a professional salon kit in the comfort of your home with your perfectly manicured hands and feet!

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READ ALL INSTRUCTIONS BEFORE USE. SAVE THESE INSTRUCTIONS FOR FUTURE REFERENCE.

IMPORTANT SAFEGUARDS:

WHEN USING ELECTRICAL PRODUCTS, ESPECIALLY WHEN CHILDREN ARE PRESENT, BASIC SAFETY PRECAUTIONS SHOULD ALWAYS BE FOLLOWED, INCLUDING THE FOLLOWING:

- ALWAYS unplug the appliance from the electrical outlet immediately after using and before cleaning. To disconnect, turn all controls to the 'OFF' position, then remove plug from outlet.
- NEVER leave an appliance unattended when plugged in. Unplug from the mains outlet when not in use and before putting on or taking off parts or attachments.
- This appliance can be used by children aged from 14 years and above and persons with reduced physical, sensory or mental capabilities or lack of experience and knowledge if they have been given supervision or instruction concerning use of the appliance in a safe way and understand the hazards involved. Children shall not play with the appliance. Cleaning and user maintenance shall not be made by children without supervision.
- DO NOT reach for an appliance that has fallen in water or other liquids. Switch off at the mains and unplug it immediately. Keep dry DO NOT operate in wet or moist conditions.
- NEVER insert pins or other metallic fasteners into the appliance.
- Use this appliance for the intended use as described in this booklet. DO NOT use attachments not recommended by HoMedics.
- NEVER operate the appliance if it has a damaged cord or plug, if it is not working properly, if it has been dropped or damaged, or dropped into water. Return it to the HoMedics Service Centre for examination and repair.
- Keep cord away from heated surfaces.
- Excessive use could lead to the product's excessive heating and shorter life. Should this occur, discontinue use and allow the unit to cool before operating.
- NEVER drop or insert any object into any opening.
- DO NOT operate where aerosol (spray) products are being used or where oxygen is being administered.
- DO NOT operate under a blanket or pillow. Excessive heating can occur and cause fire, electrocution or injury to persons.
- DO NOT carry this appliance by the cord or use cord as a handle.
- DO NOT use outdoors.
- This product requires a 220-240 V AC power.

- DO NOT attempt to repair the appliance. There are no user serviceable parts. For service, send to a HoMedics Service Centre. All servicing of this appliance must be performed by authorised HoMedics service personnel only.
- Never block the air openings of the appliance or place it on a soft surface, such as a bed or couch. Keep air openings free of lint, hair etc.
- Do not place or store appliance where it can fall or be pulled into a bath or sink. Do not place in or drop into water or other liquid.
- Always use the adaptor supplied with the appliance. Do not use the appliance in combination with other types of adaptors.
- Discharge the appliance completely once every three months by allowing the appliance to run until the battery is empty. Then switch off the appliance, and fully recharge it.

SAFETY CAUTIONS :

PLEASE READ THIS SECTION CAREFULLY BEFORE USING THE APPLIANCE.

- If you have any concerns regarding your health, consult a doctor before using this appliance.
- If you are susceptible to allergic reactions or if you have circulatory problems, consult a physician before using this product.
- Do not use on irritated, sunburned or chapped skin, or on any area with dermatological problems.
- Do not apply over skin eruptions, warts, moles or varicose veins.
- Use should be easy and painless. If you experience nail or skin irritation, or hand discomfort when using this product, discontinue use. If a more extreme reaction occurs, consult your doctor
- Individuals with pacemakers and pregnant women should consult a doctor before using this appliance. Not recommended for use by Diabetics
- DO NOT use on an infant, invalid or on a sleeping or unconscious person. DO NOT use on insensitive skin or on a person with poor blood circulation.
- If you feel any discomfort whilst using this appliance, discontinue use and consult your doctor.
- Care should be taken when using heated surfaces. If the product feels excessively hot, switch off at mains and contact the HoMedics Service Centre.
- If you experience pain in a muscle or joint for a prolonged period of time, discontinue use and consult your doctor. Persistent pain could be a symptom of a more serious condition.
- Use of this product should be pleasant and comfortable. Should pain or discomfort result, discontinue use and consult your GP.
- Ensure that your hands are dry when operating the controls or removing the plug.
- This product should NEVER be used by any individual suffering from any ailments that would limit the user's capacity to operate the controls.

Battery directive

This symbol indicates that batteries must not be disposed of in the domestic waste as they contain substances which can be damaging to the environment and health. Please dispose of batteries in designated collection points.

WEEE explanation

This marking indicates that this product should not be disposed with other household wastes throughout the EU. To prevent possible harm to the environment or human health from uncontrolled waste disposal, recycle it responsibly to promote the sustainable reuse of material resources.

To return your used device, please use the return and collection systems or contact the retailer where the product was purchased. They can take this product for environmental safe recycling.

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INSTRUCTIONS FOR USE

PROFESSIONAL MANICURE & PEDICURE KIT FEATURES

- Seven professional-style tools for shaping, filing and polishing nails of all sizes, plus removing rough and dry skin.
- Durable construction on all shaping and filing tools, for years of dependability.
- Two-speed operation, high and low.
- Luxury storage case that stores, protects and organises tools.



CHARGING INSTRUCTIONS:

- 1. Make sure the on/off switch is set to 0 (off)
- 2. Connect the cord to the hand unit and plug the adaptor into a 220-240V outlet.
- 3. A green LED will light up on the hand unit to indicate it is plugged in and charging.

Note: Before first use, charge the hand unit for 16-24 hours for maximum power. After this, charging time should be approximately 8 hours.

After charging, remove the cord from the hand unit. Once fully charged, the hand unit should run for approximately 1 hour.

Note: you cannot use the appliance whist it is charging. You can use the appliance only once it is charged and the adaptor plug has been removed from the hand unit.

APPLYING ATTACHMENTS

- 1. Switch the hand unit to the off position ("0" setting)
- Choose one of the product's interchangeable attachments and gently slot into place. (See figure 1).
- 3. Switch the unit on, selecting high ("II" setting) or low ("I" setting) speed.
- 4. Lightly apply the attachment to the nail or skin surface.
- 5. Periodically stop treatment to check your results.
- 6. When finished, switch unit to the off position. Wait for the attachment to come to a stop, then remove it for storage or replacement.
- 7. After using, wipe the surface of each attachment and the hand unit with a damp cloth to Figure 1 remove residue.

Use only the attachments provided with your Manicure & Pedicure Kit.

Caution: When using attachments, stop treatment occasionally to monitor your results. Note: Do not operate unit for more than 20 minutes at one time.

USING YOUR PROFESSIONAL MANICURE & PEDICURE KIT

The Professional Manicure & Pedicure Kit comes complete with seven professional-style manicure and pedicure tools:



1. Thin sapphire point

The thin sapphire point attachment can be used to effectively remove dead skin directly around the nail area.

2. Thick sapphire point

Use the thick sapphire point attachment to file and treat thicker toe nails.

3. Ball sapphire point

Use the ball sapphire point to file and treat the surface of thick toe nails and finger nails.

4. Fine grain cone

Gently apply the fine grain cone to the skin, using a back and forth action to help remove rough skin corns and soften calluses.

5. Polishing cone

For the perfect finish after filing, use the polishing cone to smooth the nail edges and lightly buff and polish the nail surface to add shine.

6. Rough grain cone

Gently apply the rough grain cone to treat and remove hard skin on areas such as the heels and soles of the feet.

7. Shaping sapphire disc

Use the shaping sapphire disc to file and shape the nail. Gently apply to the edge of the nail, moving the unit along the edge until the desired shape and smoothness is achieved. Take care not to file the nail too short.





TIPS FOR KEEPING NAILS HEALTHY

To achieve the best results from your Professional Manicure & Pedicure Kit, follow these guidelines.

- Avoid placing harsh chemicals on nails.
- Avoid exposing hands and feet to cold, dry environments. Always wear protective clothing in cold temperatures.
- · Avoid strong soaps, detergents and excessive washing.
- For best results, do not bathe hands or feet before using manicure and pedicure system attachments.
- Proper nail hydration is key to strong, healthy nails that resist chipping and splitting. After using the Manicure & Pedicure System attachments, soak hands or feet in a bowl of warm, soapy water for 15 minutes to restore moisture.
- · Polish nails before applying any moisturiser.
- · Next, rub a light moisturiser (not included) into your skin, nails and cuticles to soften skin and protect nails.
- To prevent nails from splitting and peeling, wear high-quality nail polish (not included) to protect against harsh elements, seal in moisture and hydrate.
- Avoid changing polish more than once a week. Remove any excess moisturiser oil prior to polishing the
 nails to ensure the polish adheres to the nail.
- Use shaping discs rather than nail scissors for safer, more controlled nail removal.
- Wait 7-10 days before re-buffing nails to maintain the thickness of nail surface.

BATTERY REPLACEMENT

Your Professional Manicure & Pedicure Kit includes a rechargeable battery designed to last the lifetime of the product. In the unlikely event that you should require a replacement battery please contact Customer Services who will supply details of the warranty and out-of-warranty replacement battery service.



Removing batteries

At the end of the product life, the batteries should be removed from the product for recycling separately to the unit. To remove the batteries:

- 1. Remove the plastic plug from the hand unit
- 2. Unscrew the unit and prise apart
- 3. Disconnect battery

MAINTENANCE

Cleaning

Unplug the appliance and allow to cool before cleaning. Clean only with a soft, slightly damp sponge.

- Never allow water or any other liquids to come into contact with the appliance
- Do not immerse in any liquid to clean.
- Never use abrasive cleaners, brushes, glass / furniture polish, paint thinner etc. to clean.

Storage

Place the appliance in its box or in a safe, dry, cool place. DO NOT wrap the power cord around the appliance. DO NOT hang the unit by the cord.

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