HOMEDICS®





instruction manual





INSTRUCTIONS FOR USE

Always ensure the appliance is switched off before inserting the plug into a mains outlet. It is highly recommended that the foot massager be used wearing socks or bare feet. Do not use the massager with shoes.

- 1. Plug the appliance into a 220-240V mains outlet and switch on.
- 2. Place the massager on the floor in front of your chair.
- To activate massage action, press Power button once (Fig. 1). The LED indicator will glow blue.
- To activate soothing heat with the massage, press the Power button a second time. (Fig 1). The LED indicator will glow red. Allow a few moments for the heating action to warm up.



Figure 1

When finished, turn the unit off by pressing the power button and unplug from mains outlet.

TIP

By changing the pressure of your feet on the massager, it will change the feel of the massage. If the massager tickles you, then you may need to apply more pressure, or you may need to become accustomed to the sensation. If the massage feels too strong, you may need to lighten the pressure of your feet on the massage mechanism.

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NOTE

- DO NOT attempt to stand on this foot massager. Use only while seated
- The heat function will only work when the massage is in use.
 DO NOT use the massage or heat functions continuously for more than 15 minutes.

MAINTENANCE

Cleaning

Unplug the appliance and allow to cool before cleaning. Clean only with a soft, slightly damp sponge.

- Never allow water or any other liquids to come into contact with the appliance.
- Do not immerse in any liquid to clean.
- Never use abrasive cleaners, brushes, glass / furniture polish, paint thinner etc. to clean.

Storage

Place the appliance in its box or in a safe, dry, cool place. Avoid contact with sharp edges or pointed objects which might cut or puncture the fabric surface. To avoid breakage, DO NOT wrap the power cord around the appliance. DO NOT hang the unit by the cord.

