



instruction manual

**3**YEARguarantee











# INSTRUCTIONS FOR USE:

### **Massage Function**

- 1. Plug the adaptor into a 220-240V mains outlet.
- 2. Connect the adaptor lead to the massager power supply cord.
- 3. To turn on, press power  $\Theta$  button once (Figure 1).
- 4. To activate Shiatsu massage, press 5 5 Shiatsu button. To change direction press 3 6 (Figure 1).
- 5. To activate soothing heat with the massage, press the heat button \$\fits\$ (Figure 1). Massage heads will glow red (Figure 2). Allow a few moments for the heating action to warm up.
- 6. When finished press the power  $\Theta$  button again to turn off all massage and heat functions and unplug the pillow.

#### Note:

- The massage cushion should only be used for a maximum of 15 minutes at any one time.
- The Shiatsu Pillow is designed for use on the neck, back and shoulders (see Figures 3 and 4).

CAUTION: To avoid pinching do not lean on Shiatsu back massage mechanism in the pillow when adjusting your body position. Do not jam or force any part of your body in the moving massage mechanism.

# **MAINTENANCE:**

### Cleaning

Unplug the appliance and allow to cool before cleaning. Clean only with a soft, slightly damp sponge.

- Never allow water or any other liquids to come into contact with the appliance.
- · Do not immerse in any liquid to clean.
- Never use abrasive cleaners, brushes, glass / furniture polish, paint thinner etc to clean.

## Storage

Place the appliance in its box or in a safe, dry, cool place. Avoid contact with sharp edges or pointed objects which might cut or puncture the fabric surface. To avoid breakage, DO NOT wrap the power cord around the appliance. DO NOT hang the unit by the cord.

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